

Lackawanna Trail High School May 2024 Lunch Menu



Food Service Director: Barb Cwikla
cwiklab@ltsd.org
570 945-5181 ext.*3212

Monday

Tuesday

Wednesday

Thursday

Friday



**Lunch Hero Day
May 3rd**

1 National Principal's Day
Dish of the Day
Chicken Parmesan w/Pasta or Italian Panini
Steamed Broccoli
Baked Apples

*Grill: Hot Ham & Cheese Sandwich
The Deli: Italian Hoagie
The Garden:: Br.Chicken Salad w/Brd*

2
Dish of the Day
Beef Nachos w/Cheddar & Rice or Corn Dog Nuggets
Sweet Corn
Diced Pears

*Grill: Cuban Pork Sandwich
The Deli: Br.Chicken/Cheese Wrap
Garden: Br.Chicken Salad w/Bread*

3 Lunch Hero Day
Dish of the Day
Popcorn Chicken w/Noodles
Cheese Burger on a Bun
Oven Baked Beans
Tropical Pineapple

*Grill: Chicken Fajita & Cheese Sand
The Deli: Ham & Cheese Sandwich
Garden: Br.Chicken Salad w/Bread*

6 Cinco de Mayo-May 5th
Dish of the Day
Beef Nachos with Cheddar & Rice or Corn Dog Nuggets
Sweet Corn
Diced Peaches

*Grill: Chicken Fajita & Cheese Sand
The Deli: Italian Hoagie
The Garden: Br.Chicken Salad w/Brd*

7 National Teacher's Day
Dish of the Day
Meatball Mashed Potato Bowl w/Gravy & Garlic Bread or Popcorn Chicken with Noodles
Seasoned Green Beans
Mandarin Oranges

*Grill: Chicken Tenders w/Sliced Bread
The Deli: Chicken & Cheese Wrap
The Garden:: Br.Chicken Salad w/Brd*

8
Dish of the Day
Chicken Nuggets with Noodles or Beef & Cheese Burrito or Very Veggie Pasta Salad
Cinnamon Applesauce

*Grill: Hot Ham & Cheese Sandwich
The Deli: Italian Hoagie
The Garden:: Br.Chicken Salad w/Brd*



9
Dish of the Day
Pasta w/Meat Sauce & Garlic Brd or Chicken Patty Sandwich Dipping Station
Tender Broccoli
Tropical Pineapple

*Grill: BBQ Pork Sandwich
The Deli: Br.Chicken/Cheese Wrap
Garden: Br.Chicken Salad w/Bread*

10
Dish of the Day
Loaded Chicken Totchos Bowl or Cuban Pork Sandwich
Peas & Carrots
Diced Pears

*Grill: Buffalo Chicken Hoagie
The Deli: Ham & Cheese Sandwich
Garden: Br.Chicken Salad w/Bread*

13
Dish of the Day
Chipotle Chicken Flat Bread or Cheese Burger on a Bun
Baked Apples
Sliced Apples

*Grill: Gr. Buffalo Chicken Hoagie
The Deli: Italian Hoagie
The Garden: Br.Chicken Salad w/Brd*

14
Dish of the Day
Beef & Cheese Loaded Fries with Garlic Bread or Popcorn Chicken with Noodles
Seasoned Green Beans
Strawberries

*Grill: Chicken Tenders w/Sliced Bread
The Deli: Chicken & Cheese Wrap
The Garden:: Br.Chicken Salad w/Brd*

15
Dish of the Day
Corn Dog Nuggets or Beef Nachos w/Rice
Sweet Corn
Diced Peaches

*Grill: Hot Ham & Cheese Sandwich
The Deli: Italian Hoagie
The Garden:: Br.Chicken Salad w/Brd*

16 New FAVE Feature Item
Dish of the Day
Penne Rosa with Garlic Bread or BBQ Chicken & Cheese Sandwich
Steamed Broccoli
Dice Pears

*Grill: Cuban Pork Sandwich
The Deli: Br.Chicken/Cheese Wrap
Garden: Br.Chicken Salad w/Bread*

17
Italian Dunkers w/Marinara or Meatball & Mozzarella Hoagie
Mixed Vegetables
Pineapple Tidbits

*Grill: Chicken Fajita & Cheese Sand
The Deli: Ham & Cheese Sandwich
Garden: Br.Chicken Salad w/Bread*

20
Dish of the Day
Chicken Fajita with Cheddar or Corn Dog Nuggets
Steamed Broccoli
Mixed Fruit

*Grill: Gr. Buffalo Chicken Hoagie
The Deli: Italian Hoagie
The Garden: Br.Chicken Salad w/Brd*

21 Eat More Fruits & Veggies Day
Dish of the Day
French Toast Sticks w/Syrup & Sausage or BBQ Chicken Hoagie
Tater Tots
Crisp Apple

*Grill: Chicken Tenders w/Sliced Bread
The Deli: Chicken & Cheese Wrap
The Garden:: Br.Chicken Salad w/Brd*



22
Dish of the Day
Popcorn Chicken Mashed Potato Bowl w/Bread or BBQ Rib Sandwich
Sweet Corn
Diced Pears

*Grill: Hot Ham & Cheese Sandwich
The Deli: Italian Hoagie
The Garden:: Br.Chicken Salad w/Brd*



23
Pasta w/Meat Sauce & Garlic Brd or Chicken Nuggets with Noodles
Carrot Coins
Diced Peaches

*Grill: Cuban Pork Sandwich
The Deli: Br.Chicken/Cheese Wrap
Garden: Br.Chicken Salad w/Bread*

24
Dish of the Day
Beef Nachos w/Rice or BBQ Pulled Pork Sandwich
Green Beans
Strawberry Applesauce

*Grill: Chicken Fajita & Cheese Sand
The Deli: Ham & Cheese Sandwich
Garden: Br.Chicken Salad w/Bread*

27 No School



28
Dish of the Day
Beef & Cheese Burrito
Popcorn Chicken with Noodles
Tender Broccoli
Strawberries

*Grill: Chicken Tenders w/Sliced Bread
The Deli: Chicken & Cheese Wrap
The Garden:: Br.Chicken Salad w/Brd*

29
Dish of the Day
Chicken Vegetable Dumplings or Beef & Cheese Loaded Fries
Golden Corn
Diced Peaches

*Grill: Hot Ham & Cheese Sandwich
The Deli: Italian Hoagie
The Garden:: Br.Chicken Salad w/Brd*

30
Dish of the Day
Buffalo Chicken Hoagie
Pasta w/Meat Sauce & Garlic Bread
Seasoned Green Beans
Cherry Applesauce

*Grill: Cuban Pork Sandwich
The Deli: Br.Chicken/Cheese Wrap
Garden: Br.Chicken Salad w/Bread*

31
Dish of the Day
Chicken Nuggets w/Noodles or Corn Dog Nuggets
Mixed Vegetables
Diced Pears

*Grill: Chicken Fajita & Cheese Sand
The Deli: Ham & Cheese Sandwich
Garden: Br.Chicken Salad w/Bread*

JUNE 3 Early Dismissal



Assorted Hand Crafted Pizza Available Every Day



FEATURED Penne Rosa w/Garlic Bread

Frave

Hand-picked favorites that everyone loves!



Lunch \$3.00

Available Daily
Assorted Fruits/Vegetables
Peanut Butter & Jelly Sandwich
Yogurt w/Crackers

Milk Choices Offered Daily
FF Chocolate Milk
or 1% White Milk

Wellness Wednesday
Very Veggie Pasta Salad

