



Lackawanna Trail Elementary

April 2024 Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spring Break 	2 Assorted Benefit Bars or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	3 Mini Maple Waffles or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	4 Maple Cinnamon Pancakes or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	5 Cinni Minnis or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk
8 Hadley WG Cinnamon Roll or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	7 Maple Cinnamon Waffles or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	10 French Toast Minis or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	11 Zee Zee Bar or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	12 Warm Cinnamon Stick or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk
15 Apple Frudel or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	16 Chocolate Chip French Toast or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	17 Maple Pancakes or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	18 General Mills Cereal Bar w/Crackers or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	19 Campfire Smores Bar or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk
22 Yogurt w/Crackers or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	23 Goody Ring or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	24 Soft Filled Cinnamon Toast Bar or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	25 Mini French Toast Sticks or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	26 Banana Muffin Flat or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk
29 Nature Valley Oatmeal Round or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk	30 Maple Waffles or Assorted Whole Grain Cereal with Crackers Chilled Juice and Whole Fruit Low Fat Milk			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

-Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

Chocolate Chip Oatmeal Breakfast Bar

Fortified Breakfast Pastries

Warm Bagels

Yogurt with Belly Bears

-Variety of Fresh Fruit, 100% Fruit Juice and Whole Fruits available daily.



MENUS SUBJECT TO CHANGE



Breakfast

Milk Choices Offered Daily

Fat Free Chocolate Milk and 1% White Milk

Proud to manage your food service program



Free Breakfast for All Students K-12

The School District does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity funded by USDA. Remedies and complaint filing deadlines vary by program or incident. EOE