

WELLNESS COMMITTEE MEETING MINUTES

May 23, 2023, 8pm

Boardroom

The Wellness Committee met in the boardroom for a public meeting on May 23, 2023. The meeting started at 8:00pm as scheduled.

Committee Chair: Shannon Kuchak

Committee Members in Attendance: Joe Ross, Melissa Flynn, Leanne Lombardi, Brianna Estus, Brian Kearney, Jaclyn Litwin, Judy Makala, Matthew Rakauskas, and Melissa Hatala.

Public in Attendance: Tracy Wescott

Committee discussed the following:

- Wellness Policy Review: **(Shannon Kuchak)** [School Wellness Policy 246](#) was reviewed
- PCCD Grant Update: **(Shannon Kuchak)** An update was given on the LTSD School Safety and Mental Health Project. The district has continued to receive bids and make improvements regarding the hardening of the district's facilities with the school safety portion of the PCCD grant. Mental Health funding from this grant will go towards Mrs. Janine Fortney in the role of Mental Health Intervention Counselor for the 2023-2024 school year.
- DCED Grant Update: **(Shannon Kuchak)** Clinton Township has worked with the school district to apply for a \$250,000 Department of Community and Economic Development's Greenways, Trails, and Recreation grant for the LTSD Playground Accessibility and Modernization Project. If awarded this grant, the funding will be utilized for a poured-in-place rubberized surface to provide ADA accessibility to the playground equipment and connecting play areas.
- ESSER Grant Update: **(Shannon Kuchak)** We were recently awarded \$93,161.00 in ESSER Grant funds for SEL/SEL Professional Development/Reading Improvement/Other Learning Loss. Supplemental programs that we're planning on purchasing with these funds to address these areas are Navigate 360, PATHS/EMOZI and continued licenses with School Connect.

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- High School Counselor Update: (Tim Ronchi and Brittany Butler) Not in attendance. No report shared.
- Elementary School Counselor Update: (Leanne Lombardi) Mrs. Lombardi will reach out to Mr. Kearney regarding utilizing ESSER funding for summer school and after school opportunities for LTEC students. All PSSAs including make-ups have been completed.
- Nutrition Group Inc. Update: (Melissa Hatala) The breakfast program continues to be free for all students. Breakfast will be served on June 7th. Bagged lunches are available for students taking field trips and attending athletic events. Menus for next year are currently being developed to follow the new sodium target level numbers.
- School Nurse Update: (Judy Makala) Approximately 50 incoming Kindergartners have registered for the 2023-2024 school year. 6th grade physical forms will go home with the summer mailings.
- Health and P.E. Update: (Nicole Pizzola/Scot Wasilchak/Mallory Griggs/Jennifer Boccadori)
 - Ms. Pizzola and Mrs. Griggs recently completed training for the [Catch My Breath](#) vaping prevention program. They are now certified to train teachers as well as have access to research-based resources that can be used in future health classes as well as parent information to educate students on the dangers of vaping. The material is designed for students 6th - 12th grade.
 - We recently used our donated CPR kit in Miss Pizzola's Health class. This was donated through Allied and has a video that goes along with it to teach students this important life-saving skill.
 - This school year was our first at offering Advanced PE, a weightlifting course, and a yoga course all of which have proven to be successful. Students have enjoyed the alternate physical education courses and we will offer them again next year.
- Family Consumer Science Update: (Brianna Estus) In Food Science students are working on their final Food Truck Projects.
- Elementary Center Update: (Brian Kearney)
 - Trooper Evans will be conducting an Anti Bullying/Harassment program during the 2023-2024 school year. This program will be used for upper LTEC students.

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- The Playground teardown will take place in June. Phase 1 of the Playground project installation will take place at the end of July.
- High School Update: (Mark Murphy)
 - Vape Sensors: The Jr. Sr. High School has completed a successful trial period with vape sensors and will be utilizing PCCD grant funding to expand these devices throughout the Jr/Sr High School.
 - The Wyoming County Sheriff's Department has donated a supply of Narcan which has been distributed to both the LTEC and Jr/Sr High School.
- School Based Social Work Update: (Melissa Flynn) 6th grade recently had their Move Up Day. This was a very informative, successful day for students. They attended group activities such as ROAR Jr High Expectations and Digital Responsibility sessions.