



Lackawanna Trail Junior-Senior High School

"Home of the Lions"

ASTHMA EMERGENCY CARE PLAN

Emergency action is necessary when the student has symptoms such as: _____

Nurse will:

1. Give medications as instructed below.
2. Have student return to class if : _____
3. Contact parent if: _____
4. **Contact Emergency Services if the student displays any of the following:**
 - a. No improvement 15-20 min. after initial treatment
 - b. Peak Flow of _____
 - c. Labored Breathing
 - Hunched over
 - Fatigue as a result of labored breathing
 - Pursed lip breathing
 - Strain in chest/neck with inhalation/exhalation
 - d. Inability to walk/talk
 - e. Cyanosis of fingers/lips

Medication Administration:

Nurse will administer the following medications:

Medication Name	Dosage	Time

Inhaled Medications:

_____ I have instructed _____ how to affectively use his/her inhaler. He/She may self administer medication under the supervision of the school nurse. Inhalers are to be kept in the school nurses office unless otherwise specified.

(Physician Signature)

(Date)

(Parent Signature)

(Date)

PO Box 85
Factoryville, PA 18419

570-945-5181 Fax: 570-945-3832

www.ltsd.org



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ASTHMA ACTION PLAN

Student Information:

Name: _____ D.O.B. ___/___/___

Grade _____ Phys. Ed. Days _____ Period _____

Emergency Contact Information:

Parent/Guardian Name(s): _____

Mother: (H) _____ (W) _____

Father: (H) _____ (W) _____

Physican's Name/Phone: _____ / _____

In the event the parents are not able to be reached, whom may we contact?

- 1. _____ / _____
- 2. _____ / _____
- 3. _____ / _____

Asthma Triggers: _____

TREATMENT:

Personal Best Peak Flow Number: _____

All Current Medications:

Medication Name	Dosage	Time