



Lackawanna Trail Junior-Senior High School

"Home of the Lions"

ASTHMA ACTION PLAN

Student Information:

Name: _____ D.O.B. ____/____/____

Grade _____ Phys. Ed. Days _____ Period _____

Emergency Contact Information:

Parent/Guardian Name(s): _____

Mother: (H) _____ (W) _____

Father: (H) _____ (W) _____

Physician's Name/Phone: _____ / _____

In the event the parents are not able to be reached, whom may we contact?

1. _____ / _____
2. _____ / _____
3. _____ / _____

Asthma Triggers: _____

TREATMENT:

Personal Best Peak Flow Number: _____

All Current Medications:

Medication Name	Dosage	Time

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